



T. V. Turn Off Week

April 18th-April 25th

Sponsored by Activate Easton

We would like to challenge you and your family to break out of your entertainment habits for a week. From April 20-26, we are celebrating TV Turn-off Week.

We have a list of activities, some with a nominal charge, all designed to help you and your family enjoy each other's company, and to promote learning at the same time.

Join the members of the Activate Easton committee for a fun filled week!

Children MUST be accompanied by a parent at ALL events!!!



Saturday, April 18th	Monday, April 20th	Tuesday, April 21st	Wednesday, April 22nd	Thursday, April 23rd	Friday, April 24th	Saturday, April 25th
<p>Healthy Kids Day Open House</p> <p><i>Old Colony YMCA Easton Branch</i></p> <p>Free Activities:</p> <p>10-10:45—Teens in Training Class (12-15)</p> <p>11:15-12—Youth Boot Camp (7-11)</p> <p>10-12—Family Swim</p> <p>12-2 Teen Center open for All teens (13-18)</p> <p>Registered Dietician available to answer questions/give info</p> <p>Spinal Screenings</p> <p><i>Free Pedometer for each child</i></p>	<p>Alphabet Scavenger Hunt</p> <p><i>Borderland State Park</i></p> <p>10am-12pm</p> <p>(Weather Permitting)</p> <p>Pick up your list at the visitor's center</p> <hr/> <p>Have a Board Game Night!</p> <p><i>Divide into teams, and have small prizes for winning and losing teams</i></p>	<p>Gardens and Compost Workshop</p> <p><i>Sheep Pasture</i></p> <p>10am-12pm</p> <p>Kids ages 7-10 will learn about different types of garden plants and how compost helps them grow. From tilling to weeding to harvesting.....we'll explore the magic of a backyard garden!</p> <p>Pre-registration is required. For more information visit www.nrtofeaston.org or call 508-238-6049.</p> <p>NRT Members - \$5</p> <p>Non-Members - \$10</p>	<p>Guided Walking Tours</p> <p><i>Meet at the Historical Society (Old Train Station)</i></p> <p>2 tours available</p> <p>10am, 1pm</p> <p><u>Register by calling Jennifer 508-230-0652</u></p> <p><i>In case of inclement weather, a talk will be given in lieu of the tour</i></p> <hr/> <p>ROAD TRIP!!!</p> <p><i>Go to the library as a family and let everyone pick out a book, and then read together</i></p>	<p>Free Bucket of Balls</p> <p><i>Easton Country Club</i></p> <p>From opening till 12:30</p> <p>You must bring a copy of this flyer to get your free bucket of balls!</p> <p>Call 508-238-2500 for times and directions</p> <hr/> <p>Sit Down and Plan!</p> <p><i>Plan the next family vacation as a family. Pick a location, time frame, budget, and activities</i></p>	<p>Family Fun Run (8 and up) led by Kat Wood & Mim Lombardo, (marathoners)</p> <p><i>Meet at the foundation at the Sheep Pasture</i></p> <p>10-11am 1 mile loop, repeat if desired</p> <p>Bring a blanket for stretching, and water.</p> <p>NO STROLLERS/BABY JOGGERS</p> <p>Bike Ride for children 10 and under</p> <p><i>Leaving from Covenant Church on Center street</i></p> <p>Leaving at 5pm</p> <p><u>Children must wear a helmet</u></p>	<p>Bike Ride for ages 10+ (Both bike rides, Friday and Saturday, will be led by Claire Evans, cycling instructor)</p> <p><i>Leaving from Covenant Church on Center street</i></p> <p>Leaving at 10am</p> <p><u>Children must wear a helmet, parents should wear one as well</u></p> <hr/> <p>Let's Get Cooking!</p> <p><i>Plan out a meal that you can all help prepare and cook as a family. Remember to keep it healthy!</i></p>