

# Easton Council on Aging



**Frothingham Hall  
Community Center  
15 Barrows Street  
North Easton, MA  
02356**

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## Easton Council on Aging

Established as a Town Department in 1972, the Easton Council of Aging serves all of Easton's elderly residents, age 60 and older. Services are provided with



of this support, many of the programs are offered free or at a nominal charge to our elderly citizens.

On a monthly basis, the Easton Council on Aging mails a newsletter, *The Coordinator* to Easton's elderly and interested citizens. The newsletter includes information on programs and recreational activities and important topical information for seniors.



funding from municipal taxes, State and Federal grants along with private donations and volunteer services. Because

The Council on Aging offers many services and programs dealing with Transportation, Nutrition, Finances, Outreach, Health and Recreation.



Most Council of Aging programs are held at Frothingham Hall Community Center as well as the Robert J. Keefe Center at Parker Terrace or in the Jerry J. Fitzgerald Community Center at Elise Circle, off Baldwin Street, North Easton.

Some programs are also located at the Council on Aging Office, located at the Town Offices, 136 Elm Street, North Easton.

Please see the following page for a more detailed listing of services and programs offered.



# Services & Programs

**Transportation is available for elderly & disabled residents to local destinations.**

- Grocery Shopping
- Medical Appointments
- Pharmacies
- Shopping Malls
- Local Beauty / Barber Shops
- Council on Aging Programs
- Work or volunteer sites

Rides are also available to local work sites for residents while they are participating in the “Welfare to Work” program.

## **Outreach Programs**

- Newsletter mailings
- Home visits
- Telephone contacts
- Home care referrals
- Delivery of library materials for homebound elders.
- File of Life
- ID Cards

## **Recreational Programs**

- Art
- Bridge
- Crafts
- Men’s Club
- Tai Chi
- Book Club
- Cribbage
- Line Dancing
- Quilting
- Walking Club

## **Health Promotion Programs**

- Health Screenings, sponsored by the Easton Board of Health
- Footcare Clinics
- Fitness Classes
- Educational Seminars
- Health Care Proxy Forms
- Health Insurance Information

## **Financial Programs**

- Income Tax Preparation
- Fuel Assistance Applications
- Senior Tax Relief Program
- Homestead Act Information
- Educational Seminars

## **Nutrition Programs**

- Hot Lunches, sponsored by Old Colony Elderly Services, served at Parker Terrace
- Meals on Wheels delivered to homebound elders

**Contact the Easton Council on Aging at 508.238.3160 for more information on programs and services.**

# Board Members

Francis Spillane, Chairperson  
Nicolina Previti, Vice Chair  
Ethel Pomerleau, Secretary  
David Cudmore  
Rose Friedeborn  
Marie Healey  
Jean Shearing

## Staff

Dolores Kent, Director  
Darlene Miller, Office Manager  
Beverly Beavers,  
Outreach Coordinator  
Elaine Sears, Head Driver  
Russell Gouldrup, Driver  
Charlie Hammond, Driver  
Frank Holub, Driver  
Rick O’Connell, Driver

## Office Hours

Monday thru Friday  
8:00AM - 4:00PM